A space to heal, nourish, and celebrate your spirit.



988NM.org



988 NM Suicide & Crisis Lifeline

Free, Private & Confidential Support 24/7

New Mexico's 988 is the 24/7 free & confidential lifeline for emotional, mental, or alcohol and substance use support, made available to all New Mexicans through the Behavioral Health Services Division of the New Mexico Health Care Authority. **No judgment. Just help.**

Visit 988NM.org for more information.

988 NM Crisis Support

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HEALTH CARE AUTHORITY

988 CRISIS LIFELINE