HEALTH CARE AUTHORITY

call or text

988

ANYONE.

any struggle.

anytime.

988 CRISIS LIFELINE



A space to heal, nourish, and celebrate your spirit.

988NM.org



988 NM Suicide & Crisis Lifeline

Free, Private & Confidential Support 24/7

New Mexico's 988 is the 24/7 free & confidential lifeline for emotional, mental, or alcohol and substance use support, made available to all New Mexicans through the Behavioral Health Services Division of the New Mexico Health Care Authority. **No judgment. Just help.**

Visit 988NM.org for more information.

988 NM Crisis Support

@988NMCrisisSupport

HEALTH CARE AUTHORITY

988 CRISIS LIFELINE